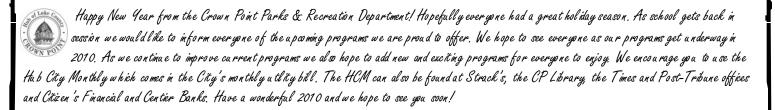
### Crown Point Parks & Recreation · 2010 Winter/Spring Programs David D.F. Uran · Mayor

# Patti Olson · Clerk-Treasurer



### Pilates/"Bump" Pilates

Crown Point Parks & Recreation and the Pilates Center of Northwest Indiana is offering 6-week Pilates classes. Pilates not only tones the muscles but helps improve flexibility, posture and the functionality of the body. Participants need to bring a traditional Yoga/Pilates mat and/or a towel to class daily. We also offer a more intense "Bump" class. ("Bump" participants must also daily bring (2)1 to 3 lbs. weights and a "fit" exercise ball). \*\$7 off Bump if signed up for regular mat class.

**Regular Mat Class -** Tuesdays, February 16<sup>th</sup> - March 23<sup>rd</sup> Tuesdays, March 30th - May 4th

"Bump" Class - Thursdays, February 18th - March 25th Thursdays, April 1st - May 6th

CP Civic Center 7:30-8:30 pm

Residents: \$42/ session Non-Residents: \$55/ session Registration Deadlines: Fridays, February 12<sup>th</sup> & March 26<sup>th</sup>

### Kid's Karate

The Crown Point Parks & Recreation Department and Homann Karate Do are offering karate classes for kids 3-8 years old. Crouching Tigers (ages 3-4) uses fun motivational methods for teaching karate. Hidden Dragons (ages 5-8) will learn self-defense skills such as focus, patience, respect, honor, kindness, and perseverance, all of which will help them become better individuals. Max. 15

**Session 1:** Tuesdays, January 19<sup>th</sup> – February 9<sup>th</sup> **Session 2:** Tuesdays, February  $23^{rd}$  – March  $16^{th}$ 

**Session 3:** Tuesdays, April 13<sup>th</sup> – May 4<sup>th</sup>

**Crouching Tigers (3-4):** 5:30 pm - 6:00 pm **Hidden Dragons (5-8):** 6:10 pm - 7:00 pm

CP Civic Center

Residents: \$42/session Non-Residents: \$55/session Registration Deadline: Friday prior to 1st class of session

#### Lil' Chefs

Safety, table-setting, etiquette, and cooking fun! Each week we will learn how to cook a different item to be enjoyed. You might even learn a kitchen tip to teach your parents! All supplies included. Class is taught by Chef Billie Ross. Ages 6-12. Min. 6 Max. 12. Wednesdays,

**Session 1:** January 20<sup>th</sup> – February 17<sup>th</sup>

**Session 2:** April  $7^h$  – May  $12^{th}$  (No Class April 21)

5:00 pm - 6:30 pm CP Civic Center

Residents: \$45/session Non-Residents: \$60/session

Registration Deadlines: Fridays, Jan., 15th & April 2nd

#### **BOWLING THE DAY AWAY**

Come bowl the afternoon away with us at The Super Bowl. Each participant will bowl one game per day, shoes are included. We will also take a tour of the facility in this 4-week program.

Ages: 4-10 Min. 5 Max. 15

Session 1: January 20th - February 10th

Session 2: February 17th - March 10th

Session 3: March 24th - April 14th Session 4: April 21st - May 12th

Session 5: May 19th - June 9th

Wednesdays

4:00 pm The Super Bowl (218 S. East St.) Residents: \$20/session Non-Residents: \$30/session Registration Deadline: Monday prior to 1st class of session

### Mommy & Me

Children ages 12-36 months are invited to interact with other children and form social bonds while participating in different art projects. Each week will have a fun themed craft and snack. Parents are asked to bring a drink for their child.

Min. 6 Max. 15

Thursdays,

**Session 1:** *January 21st* – *February 25th* 

Session 2: March 11th – April 22nd (No Class April 1)

CP Civic Center 10:00 am - 11:00 am

Residents: \$30/session Non-residents: \$40/session Registration Deadlines: Mondays, January 18th & March 8th

### **Kid's Movie Night**

Spend a Friday night with the stars. Kids can join us for a movie and snack. Pre-registration preferred. Ages 5-12.

Movies presented by **Oasis Video** 

7:00 pm - end of movie Fridays, CP Civic Center \$2 /child (for snacks)

January 22<sup>nd</sup> - **G-Force** (PG)

February 26<sup>th</sup> - Aliens in the Attic (PG)

March 12th - Cloudy with a Chance of Meatballs (PG)

April  $9^{th}$  - Up (PG)

May 7th - Astro Boy (PG)

June 4th - Where the Wild Things Are (PG)

\*Movie titles subject to change at the discretion of CP Parks

call the Parks Office (661-2271) to check the status of the ice.

### **ICE SKATING**

The Crown Point Parks & Recreation Department invites everyone to come out and ice skate in Crown Point's historical downtown area. Skating admission is free. Skates will be available to rent (sizes are limited). Concessions will be sold in the warming station behind the 7 ice rink. Availability of the ice rink varies depending on weather, so please



Location: On East Street, next to City Hall **Skate Rental**: \$5 (sizes are limited) **Admission**: FREE

## TRAINS IN THE CITY

Trains, trains, and more trains. All ages can come enjoy the HUGE layout of model trains. The Lionel Modular Train Club transforms the room into many different train scenes for everyone to enjoy.

Saturday, February 20th 9:00 am - 6:00 pm Sunday, February 21st 10:00 am - 4:00 pm Crown Point Civic Center

**FREE** 



### **RED CROSS BABYSITTING COURSE**

Looking to make extra cash or just wanting to improve your babysitting skills? Learn valuable safety tips and babysitting abilities from the American Red Cross. Please bring a sack lunch and a baby doll. Min. 7 Max. 25 Ages 10 - 17

Saturdays, February 27th OR May 22nd

9:00 am - 4:00 pm CP Civic Center

Residents: \$40/class Non-Residents: \$50/class Registration Deadlines: Fridays, February 19th & May14th

### Mayor's Kids and Kites & Arbor Day

Saturday, April 17<sup>th</sup>

10:00 am

Royal Hawk Subdivision 5 FREE



Join the city at its newest park in Royal Hawk Subdivision on Gard Dr. for a fun-filled celebration of Arbor Day and Earth Day. There will be tree "cookie" coloring, a Heavy Machinery Show from Public Works, a tree sapling raffle, learning activities and other special guests. The Proclamation reading and official tree planting are at 10:30 am. Enjoy an old fashioned family outing in the park; you can bring your own kite or create one with Mayor Uran & family. THIS IS THE SPRING EVENT!

### **Crown Point City Resident Policy**

Residents are considered to be those who live within city limits. Please be aware that not all Crown Point addresses will be within the city limits. Individuals living outside city limits will be charged non-resident rates. Should you have any questions regarding residency please contact our office.

### **Hours of Operation**

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Weekdays (M-F) 5:00 pm - 9:00 pm\* Weekends (Sat & Sun): 11:00 am - 9:00 pm\* \*Hours may vary due to weather and ice conditions.

### Pitch. Hit & Run

Aquafina Major League Baseball Pitch, Hit & Run (PHR) is an exciting skills competition that provides boys and girls the chance to advance through four levels of competition, including Team Championship events at all 30 Major League ballparks and the National Finals at the MLB All-Star Game. New in 2010! Beginning this year, boys and girls will have the opportunity to compete and be awarded separately. Ages: 7-14

Monday, April 19th

5:30 pm Sportsplex Baseball Field **FREE** (Pre-registration is encouraged)

### 30th Annual Hub Run

Sign up for the 30<sup>th</sup> Anniversary Hub Run and help your school win the Traveling Trophy. The school with the most entries will be given a Family Fun Night for the participants and their families at the Southlake YMCA and the honor of displaying the Traveling Trophy in their school for a year.

> Sunday, May 16th Entry Fee: \$8.00/child

Enter online at www.active.com or fill out a registration form (www.slymca.org) and mail it to: Southlake YMCA, 1450 S. Court St., Crown Point, IN.

For more information contact 663-5810.

### Registration

Program registrations may be mailed to the Parks Office at 1313 E. North Street, Crown Point, IN 46307. Please include the name of registrant, parent/guardian name, address, phone number, birth date of participant and program name & dates. Also include a check made out to City of Crown Point for the proper registration amount. You will not receive a confirmation call when your registration is received unless the class is full or cancelled. You may also register by coming in to our NEW office location Mon. through Fri. between 8:30 am - 4:30 pm. Our new office is located at 11065 Broadway, Suite F.

The 2010 Summer Brochure will be available in mid-April. It will be mailed to all Crown Point Residents. You can pick up a copy at the Parks Office.